

Griffith Aged Community Services and Information Map

Service Information

MyAgedcare

Provides information about different types of services, eligibility of services and costs of services

Tel: 1800 200 422 Mon-Fri 8am-8pm and Sat 10am-2pm Web: www.myagedcare.gov.au

EMERGENCY SERVICES

<p>Police, Fire, Ambulance EMERGENCY 000</p>	<p>Griffith Base Hospital 1 Noorebar Ave Griffith Tel: 02 6969 5555</p>	<p>Commonwealth Carers Respite Tel: 1800 059 059 (24/7) Arranges emergency residential respite in family crisis, the absence of carer or carer illness.</p>	<p>NSW Mental Health Services Accessline (24/7) Tel: 1800 800 944 Depression, anxiety, suicide, psychosis, alcohol & drug & sexual assault.</p>
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TELEPHONE CRISIS AND SUPPORT

<p>NSW Elder Abuse Helpline and Resource Unit Provides information, support and referrals relating to the abuse of older people living in the community Tel: 1800 628 221</p>	<p>Dementia Behaviour Management Service (24/7) To support and assisting family, carers and staff to understand dementia related behaviours of concern. Tel: 1800 699 799</p>	<p>Domestic Violence (24/7) Crisis and trauma counselling service to assist people experiencing the effects of sexual assault, domestic or family violence Tel: 1800 737 7328</p>	<p>Aged Care Advocacy Free and confidential service promoting the rights of people receiving aged care services Tel: 1800 500 853</p>
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GRIFFITH MEDICAL CENTRES Your Doctor/GP can be an important first step in seeking help for aged related issues

<p>Griffith Aboriginal Medical Service 38-42 Jondaryan Ave Griffith NSW 2680 Tel: 6962 0000</p>	<p>Griffith Medical Centre 1 Animoo Ave Griffith NSW 2680 Tel: 6964 5888</p>	<p>Your Health Griffith 105 Binya St Griffith NSW Tel: 6962 7661</p>	<p>Kookora Surgery 134 Kookora St Griffith NSW 2680 Tel: 6962 1100</p>	<p>Dr Taghrid Samuel Shop 9, Driver Plaza Sanders St Griffith NSW 2680 Tel: 6964 8337</p>	<p>Hanwood Surgery 3 Hanwood Rd Hanwood NSW 2680 Tel: 6963 0214</p>
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COMMUNITY SERVICES

<p>Griffith Community Health Centre Offers a range of specialist services. No cost for service. 39 Yambil St Griffith NSW 2680 Tel: 6966 9900</p>	<p>Griffith Aged Care Services Centre-based respite and day care services available via Valmar Support Services Tel: 6964 6493</p>	<p>Aged Care Assessment (ACAT) Assessment available via My Aged Care National Referral System; Visiting Geriatrician Tel: 1800 200 422</p>	<p>Ageing, Disability and Home Care – ADHC Offers a range of support services. 104 - 110 Banna Avenue Griffith NSW 2680 Tel: 6960 2800</p>
	<p>General Aged Care Services (i.e. Slow Stream Rehab; Falls Prevention and Tai Chi) Tel: 6961 8080</p>		
<p>Griffith Nursing Service Home based nursing care, personal care, medication monitoring, wound care, catheters and colostomy. Fees may apply. Tel: 6964 0088</p>	<p>Forrest Community Services A range of aged care support services 4/26 Ulong St, Griffith NSW 2680 Tel: 6964 0088</p>	<p>Aboriginal Home Care Services Assistance with housework, showering, dressing/shopping. Dyirri-Bang-Gu Tel: 69379640 Wiradjuri Homecare Tel: 6960 2800</p>	<p>Baptist Community Services For assistance with housework, showering, dressing or shopping. ACAT assessment required. Tel: 6962 9201</p>

COMMUNITY ACTIVITIES

<p>The Griffith Shed for Men Open every Mon, Wed & Friday from 9am-4pm - Lot 560 Kalinda Road, Griffith NSW Tel: 6962 5042 or 0427 640 460</p>	<p>Griffith Aged Support Service 51 Yambil Street Griffith NSW 2680 Tel: 02 6962 4515</p>	<p>Senior Citizens Club 47 Canal Street Griffith NSW 2680 Tel: 6962 1261</p>	<p>Griffith Computer Companions Learning to use a computer. Held at Griffith City Library Mob: 0439 131 694</p>
<p>Central Ladies Probus Club Meets 2nd Wednesday monthly 10am at Leagues Club. Tel: 6962 6917</p>	<p>Ladies Probus club Meets 4th Tues monthly 10am at Ex-Servicemen's Club Tel: 6964 1923</p>	<p>Mens Probus Club Meets 2nd Tuesday monthly at 9:45 am Griffith South Side Leagues Club. Tel: 6962 3267</p>	<p>University of the Third Age (U3A) Informal learning to keep your mind active Tel: 6962 5933</p>

OTHER SERVICES

<p>Community Transport Eligibility criteria applies – subsidized cost Tel: 02 6969 7201</p>	<p>Legacy Welfare Worker For emotional and practical support to war widows Tel: 6964 9430</p>	<p>Meals on Wheels Home delivered meals with a smile Tel: 02 69629997</p>	<p>Uniting Community Care and Support Mob: 0481 410 352 Tel: 1800 486 484</p>	<p>CareWest ComPacks (short term Home Care following hospitalisation) Tel: 02 6962 4515</p>	<p>Intereach Offers a range of support services Tel: 6969 7200</p>
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